



The Federation of



Southwold
Primary School



Hoxton Garden
Primary School

Year 5 Residential

PGL Windmill Hill

Monday 27th April – Wednesday 29th April 2025



Parent Information Presentation

PGL Windmill Hill

- Located close to the coast on the beautiful Sussex Downs, Windmill Hill adventure centre is a popular choice with primary schools from London and the surrounding area.
- Accommodation is provided in comfortable en suite lodges
- All activity sessions are led by our well trained, enthusiastic instructors and are specially designed to motivate, build confidence and encourage development in pupils.

Activities

Daytime

Raft Building
Archery
Jacobs Ladder
Fencing
Abseiling
Climbing
Problems solving

Evening

Campfire
Disco

Parents Guide

<https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>



Sample Day

Schedule	Activities
7:00-8:50	Get up, get ready and fuel for the day ahead with a healthy, hearty breakfast.
8:50 – 12:00	Morning activities – 2 sessions with a 10 minute break in between.
12:00 – 13:50	Enjoy a fresh and tasty two course hot lunch and some free time
13:50 – 17:00	Afternoon activities – 2 sessions with a 10 minute break in between
17:00 – 19:00	Time to eat again – a different dinner menu each day
19:00 – 21:00	Discos, campfires, quizzes and more – our evening entertainment programme keeps every one engaged until bed time
21:00 – 21:30	Bedtime

Activities

	Group	Meeting Point	Group Leader	Session 1	Session 2	Session 3	Session 4	Evening	
				9:00 - 10:30	10:40 - 12:10	14:00 - 15:30	15:40 - 17:10		19:30 - 20:30
Monday	1					Trapeze (TR1)	Problem Solving (PS1)		PGL Games (PGA1)
	2					Problem Solving (PS1)	Trapeze (TR1)		PGL Games (PGA1)
	3					Trapeze (TR2)	Problem Solving (PS2)		PGL Games (PGA1)
	4					Problem Solving (PS2)	Trapeze (TR2)		PGL Games (PGA1)
	5					Trapeze (TR3)	Orienteering (OR1)		PGL Games (PGA2)
	6					Orienteering (OR1)	Trapeze (TR3)		PGL Games (PGA2)
	7					Trapeze (TR4)	Orienteering (OR2)		PGL Games (PGA2)
	8					Orienteering (OR2)	Trapeze (TR4)		PGL Games (PGA2)
Tuesday	1			Raft Building (RB1)	Orienteering (OR2)	Giant Swing (GS2)	Survivor (SU1)		Disco (DIS1)
	2			Orienteering (OR2)	Raft Building (RB1)	Survivor (SU1)	Giant Swing (GS2)		Disco (DIS1)
	3			Raft Building (RB2)	Orienteering (OR1)	Giant Swing (GS3)	Survivor (SU2)		Disco (DIS1)
	4			Orienteering (OR1)	Raft Building (RB2)	Survivor (SU2)	Giant Swing (GS3)		Disco (DIS1)
	5			Zip Wire (ZW1)	Problem Solving (PS1)	Raft Building (RB1)	Sensory Trail (ST1)		Disco (DIS1)
	6			Problem Solving (PS1)	Zip Wire (ZW1)	Sensory Trail (ST1)	Raft Building (RB1)		Disco (DIS1)
	7			Zip Wire (ZW2)	Problem Solving (PS2)	Raft Building (RB2)	Sensory Trail (ST2)		Disco (DIS1)
	8			Problem Solving (PS2)	Zip Wire (ZW2)	Sensory Trail (ST2)	Raft Building (RB2)		Disco (DIS1)
Wednesday	1			Zip Wire (ZW1)	Sensory Trail (ST1)	Depart			

Activities

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:00 - 15:30	Session 4 15:40 - 17:10	Evening 19:30 - 20:30	
	2			Sensory Trail (ST1)	Zip Wire (ZW1)	Depart			
	3			Zip Wire (ZW2)	Sensory Trail (ST2)	Depart			
	4			Sensory Trail (ST2)	Zip Wire (ZW2)	Depart			
	5			Giant Swing (GS1)	Survivor (SU1)	Depart			
	6			Survivor (SU1)	Giant Swing (GS1)	Depart			
	7			Giant Swing (GS2)	Survivor (SU2)	Depart			
	8			Survivor (SU2)	Giant Swing (GS2)	Depart			

Food

- Enjoyable mealtimes with nutritious and tasty food
Our meals are freshly cooked, balanced and will give your pupils plenty of energy to keep them going throughout the day.
- Hot and cold meals with vegetarian options
- Homemade soup every day
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for



Accommodation

Dormitory-style rooms in a range of accommodation blocks and lodges.



En suite rooms with bunk beds
sleep 3-8

Find out more...



www.pgl.co.uk

PGL Windmill Hill
Windmill Hill Place
Windmill Hill
Hailsham
East Sussex
BN27 4RZ



Travel

Children will leave school Monday 27th April at 7:45am

The journey is approximately 2 hours (*not including traffic*)

Children must bring a packed lunch with them.

They will depart Wednesday 29th April at 2:30pm
and return to school at around 5:30pm.

Children will require a packed lunch for the first day. The school can provide this, or you may prefer to send one from home. Children are also welcome to bring a light snack for the journey.





WHAT TO BRING

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets**
 - T-shirts
 - Long sleeved shirt/T-shirts
 - Waterproof jacket
 - Fleeces/jumpers
- Your arms will need to be covered to do some activities.*

- Trousers or leggings**
but not jeans as they get heavy and cold when wet

- Underwear & socks**
- Your socks will need to cover your ankles to do some activities.*

- 1 or 2 sets of **clothes for the evening**
- Suitable **nightwear**

FOOTWEAR

- 2 pairs of trainers**
 - 1 for activities
 - 1 old pair for watersports
- 1 pair of dry shoes** for evening activities



OTHER ITEMS

- 2 towels**
 - 1 for showering
 - 1 old one for activities
- Reusable **drinks bottle**
- Small **rucksack/bag**
- Labelled **bin bag** for wet and dirty clothing
- Washbag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Torch** for evening adventures



TRAVELLING IN THE...

...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen

...WINTER?

- Warm coat
- Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

PLEASE DO NOT BRING

- Electrical devices
- Computer games
- Jewellery/valuables
- Aerosols

If you bring your **mobile phone**, please note, it is not covered by our insurance.



Kit List

Additional information

Please ensure contact details, medical and dietary requirements are up to date with the office.

If there is anything you feel staff should be aware of please let us know.

Spending is limited to £10

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GIFT SHOP PRICE LIST



TOYS

- Teddy Bears.....from £5.00
- Football.....£6.00
- Basketball.....£6.00
- Bouncy Ball.....£1.00

STATIONERY

- Notebook & Pen.....£3.50
- Colouring Pencils.....£2.50
- Pencils.....£1.00
- Pen.....£1.00
- Rubbers.....from 40p

ACCESSORIES

- Water Bottle.....£4.50
- PGL Medal.....£3.00
- LED Torch.....£3.00
- Badges.....from £1.00
- Wristbands.....£1.00
- Coaster.....£2.50

CLOTHES

- Caps.....£5.50
- T-shirts.....£7.50

GIFTS

Treat someone you love...

- Keyrings.....£3.00
- Magnets.....from £2.50
- Mugs.....£4.50
- Postcards.....£0.50

