

Date: Wednesday 11<sup>th</sup> March 2026

Present:

Pine	Oak	Ash	Rowan	Willow	Olive
Cedar	Walnut	Sycamore	Hawthorn	Hazel	Laurel
Holly	Poplar	Elder	Chestnut	Redwood	Maple

Year One and Two School Councillors invited to attend. **YES** / NO

Absences:

Apologies from:	Reason for Absence	Follow up needed?
NA		
Follow up from previous week absences:		
NA		

**Agenda: School Council Systems and Action Plan**

	Item	Discussion	Action
1	<b>Class Council Agenda</b> <b>WB: 9.3.26</b> <b>British Values</b>	<ul style="list-style-type: none"> <li>➤ <b>Can you differentiate between the school values and British Values?</b> <ul style="list-style-type: none"> <li>• [Year 6] One similarity is democracy, which is both a school value and a British Value.</li> <li>• [Year 5] Equality is encouraged in the same way it is within the British Values.</li> <li>• [Year 4] We treat others with fairness and respect, which are also part of the British Values.</li> <li>• [Year 2] Tolerance means accepting and respecting the differences of others.</li> </ul> </li> <li>➤ <b>Can you think of a time when you saw someone being treated with respect or kindness in our school?</b> <ul style="list-style-type: none"> <li>• [Year 3] Saw a pupil treating a sad younger student with respect and comforting them.</li> <li>• [Year 6] Members of staff and pupils get treated with respect.</li> <li>• [Year 5] Helping a peer outside in the playground.</li> <li>• [Year 2] Treating younger pupils and older pupils with respect.</li> <li>• [Year 4] A younger pupil needed help with their laces and a child helped them in the playground.</li> </ul> </li> <li>➤ <b>Why is it important for everyone to be treated fairly and with respect, no matter where they come from or what they believe in?</b> <ul style="list-style-type: none"> <li>• [Year 4] We mustn't make assumptions about others and should treat everyone the same regardless of background and religion.</li> <li>• [Year 6] Respect someone no matter what, we all have the same rights.</li> <li>• [Year 3] If you are respectful towards others, they will also show you respect.</li> <li>• [Year 2] We should all be treated the same and equally no matter where we come from.</li> </ul> </li> </ul>	<b>Feedback to teachers.</b>
2	<b>Charity Fundraising</b>  <b>Proposed Ideas for the Summer Term</b>	Day for <b>Pyjama Day</b> to be confirmed by the councillors soon.  <b>Suggestions for the summer term:</b> <ul style="list-style-type: none"> <li>• Lemonade Stand</li> <li>• Ice Cream Stand</li> <li>• Movie Evening</li> </ul>	<b>Mrs Siddique to discuss with Ms Headen.</b>

Wellbeing exercise feedback:

Well-being exercise: Belly breathing

- **Why:** Helps kids relax, focus, and manage big feelings.
- **How:**
  - Have the child sit or lie down comfortably.
  - Place one hand on the belly and the other on the chest.
  - Instruct them to take a deep breath in through the nose, making sure their belly rises (not their chest).
  - Hold the breath for a few seconds, then slowly exhale through the mouth.
  - Repeat this 5-10 times.



[Year 5] Children felt the exercise made them feel calm and peaceful.

[Year 4] Most children were very engaged and felt like it created a sense of peace.

[Year 6] Some children were familiar with this exercise and said it helped keep them calm.