

Summer Update Hoxton Garden School

April 2025 – July 2025



The Team

Therapy Team Manager	Clare Spronk
Complex Case Therapist	Zoe Weston
Complex Case Therapist	Sema Bilen-Alonso
Trainee Therapist	Ann-Marie Majekodunmi
Occupational Therapist	Eden Samuels-Coke

“Today is my last session with Miss Clare and I loved it! We talked about my feelings and much more.
Year 4 Girl, 6xTT”

“I like Speak Ups because, like now, I’ve just come in and got my worry off my back’
Year 5 Boy, Speak Up”



Breakdown by Numbers

11	Children seen in 1:1 therapy	10	Children seen for regular check ins
103	Therapy sessions offered	69	Check in sessions
78	Therapy sessions attended	0	Parents attended UPLifting families
4	Children seen for 6xTT	18	Parent Meetings attended
212	Children seen for Speak Ups	13	Teacher Meetings attended
36	Children seen in Wellbeing Groups	0	Professional Meetings attended by the UP

Endings and Transitions

As the academic year comes to a close we are mindful of the children for whom the transition to new rhythms and routines can be challenging.

This term has seen a lot of thought and reflection by the children and Therapy Team Manager on this theme during the various interventions. As we say goodbye for the Summer, I look forward to building on the relationships next term, which I have thoroughly enjoyed developing during the last six months.

We also said goodbye to Eden Samuels-Coke and are grateful for his support.

Speak Ups and Check-ins

Check-ins provide extra support for children in need with slightly extended and consistent space to express themselves. Eight children have been supported in regular check ins as well as some ad hoc ones in response to needs that have arisen.

Speak Ups at lunch and break times continue to be very popular. These spaces provide support for the children, who may be facing particular challenges in their friendships or in their daily routines. As a result of these speak-ups children have been developing skills in communicating with empathy, compassion and honesty when facing conflict.



6 x Talk Time

6xTT offers more targeted and extended support to children who have been previously seen for check-ins. Four children have completed these sessions this term and have explored a range of themes from anxiety, fear, friendship and transition. Often, creativity in a form of arts and play has been used as a way of communicating when words are not enough or for those who find articulating themselves difficult. This has enabled the children to express themselves better and more deeply. All children enjoyed having this space which enabled them to share their worries, thoughts and emotionally regulate.

Transition Groups

Transition groups proved highly successful this year, offering children a valuable opportunity to explore their upcoming move to secondary school and the challenges they might face. The Therapy Team Manager worked closely with her group to identify the personal strengths the children already possessed and to consider areas they might wish to develop further. These sessions created a supportive space for children to share their experiences, hopes, and concerns about the transition. As a result, many felt more confident about attending transition days and were able to reflect on how they could support one another and seek additional help if needed in the future.

