

School Council Minutes 2024-2025

Date: Thursday 12th June 2025

Present:

Pine	Oak	Ash	Rowan	Willow	Olive
Cedar	Walnut	Sycamore	Hawthorn	Hazel	Laurel
Holly	Poplar	Elder	Chestnut	Redwood	Maple






Year One and Two School Councillors invited to attend. YES / **NO**

Absences:

Apologies from:	Reason for Absence	Follow up needed?
NA		
Follow up from previous week absences:		
NA		

Agenda: School Council Systems and Action Plan

	Item	Discussion	Action
1	Class Council Agenda WB: 9.6.25 <u>Healthy Living</u>	<p>What helps us stay healthy in school?</p> <ul style="list-style-type: none"> [Year 6] Taking part in sports day during keeping healthy week. [Year 5] The school provides us with a selection of fruit and vegetables to have daily. [Year 4] We spend a good amount of time in the playground and also take part in PE. [Year 3] Keeping healthy week, sports day and making sure we are staying hydrated, especially in the summer. <p>Are there any changes we could make to make lunchtimes/break times healthier?</p> <ul style="list-style-type: none"> [Year 3] Have more activities that allow children to exercise. [Year 4] Having more playground activities that are exercise related. [Year 5] Extended morning break. [Year 6] Monkey bars that can collapse to help keep us active. <p>When healthy snacks/meals would you like to see more of in school?</p> <ul style="list-style-type: none"> [Year 3] Variety of fruits like peaches or mangos. [Year 4] More of a variety of fruits. [Year 5] More vegetarian options available during mealtimes. <p>How can we help everyone feel happy and included as part of being healthy in school?</p> <ul style="list-style-type: none"> [Year 3] Make sure everyone has either a fruit or a vegetable. [Year 4] We all take part in healthy living week and sports day. [Year 6] Everyone has access to various food options, allowing them to have a balanced meal daily. Juices for lactose intolerant pupils. Ice water to be available during the summer months. 	Feedback to teachers.
2	Talent contest	Talent contest will take place next week Thursday 19 th at 3:45pm. Our head boy and head girl will be judging the acts alongside two teacher judges (to be revealed on the day!).	
		Wellbeing exercise feedback:	

		<div><p>Well-being exercise:</p><div><div>5 - 4 - 3 - 2 - 1</div><div>GROUNDING TECHNIQUE</div><div>A calming technique that connects you with the present by exploring the five senses.</div><div><div> 5 things you can see</div><div> 4 things you can touch</div><div> 3 things you can hear</div><div> 2 things you can smell</div><div> 1 thing you can taste</div></div></div><p>We are going to do a quick grounding activity using our five senses to help us feel calm and focused. Notice what you can see, feel, hear, smell, and taste. This helps settle our minds, especially if we are feeling distracted, anxious or overwhelmed.</p><p>[Year 5] The children felt it was different and helped them refocus. [Year 4] The children felt it was a good way to help them stay calm. [Year 6]Children said it made them feel good and it was something they had practised before.</p></div>	
	AOB	New playground equipment	Mrs Siddique to discuss with Ms Headen