

April 2023 – July 2023

The Team

Therapy Team Manager	Joshica Parmar
Complex Case Therapist	Kate Bowes
Complex Case Therapist	Skye McDade-Burn
Trainee Therapist	Eric Burnette
Trainee Therapist	Camila Merino Contreras
Trainee Therapist	Nora Tarmann
Trainee Therapist	Angeline Johnson
Trainee Occupational Therapist	Jess O'Brien

“
My 6x Talk Time sessions have really helped me to feel more confident in putting my hand up in class.
Year 2 child within 6x Talk Time.
 ”



Breakdown by Numbers

17	Children seen in 1:1 therapy	164	Therapy sessions offered
140	Therapy sessions attended	47	Children seen for Check-ins
3	Children seen for 6xTalkTime	252	Children seen for Speak Up's
12	Children seen for OT	13	Teacher Meetings attended
0	Children seen for SaLT	0	Parents attended the Online Parenting Group
8	Children seen in Transition Groups	18	Parent Meetings attended
1	Professional Meetings attended by the UP team		

Term Overview

It has been a busy Summer Term for UP at Orchard Primary School. A new Therapy Team Manager, Joshica Parmar started in the Summer Term. The therapy team welcomed a new Complex Case Therapist, Skye McDade-Burn to the team. This has enabled more children to access 1:1 therapy. An Occupational Therapy student, Jess O'Brien also joined the team.

Regular check ins and 6x Talk Time interventions have continued to be offered throughout this term. Speak Up sessions were very well attended and children from across the year groups have accessed this service. The main themes that arose were around managing difficulties in friendships and transitioning into the next academic year.

Year 6 Transition Groups



In the second half of the Summer Term, the Therapy Team Manager ran two transition groups with a focus on the children's worries and expectations around starting secondary school. The Therapy Team manager liaised closely with the leadership team and learning mentor to have a better understanding of the needs of the children, and how best to support them in the group setting. The children attended two sessions across two weeks. The main themes that arose were around making new friends, adjusting to new routines and adapting to a bigger school. The children enjoyed engaging in role plays on how to make friends, and they feedback that they found this activity very helpful. The children were keen to have a check in session after their transition day, which the Therapy Team Manger happily facilitated.

Occupational Therapy

In the second half of the summer term, UP welcomed Jess O'Brien an Occupational Therapy trainee. Jess facilitated 1:1 sessions with twelve children over the course of seven weeks. The Therapy Team Manager worked closely with the school leads and the teachers to identify children who would benefit from OT support.

Jess delivered targeted, individualised interventions around handwriting, fine motor skills and coordination, emotional regulation and concentration in class. The children engaged really well with the sessions and reported enjoying these interventions. The children made positive progress and met the goals that were set at the beginning of the intervention.



Therapy Team Manager

This Summer Term, the UP service had a change in Therapy Team Manager. Jenny Cox, was promoted into a new role within the organisation and Joshica Parmar took over as the Therapy Team Manager.

Joshica feels she is settling in well to the role and to the school, and she is getting to know the children, parents/carers, school staff and UP trainees and therapists. Everyone has been very welcoming and helpful. Speak Ups remain popular at Orchard despite the change in Therapy Team Manager, and this has been a great way for Joshica to get to know the children better and for them to get to know her. Joshica is present in the playground at the start and end of the day to speak to parents/carers and make those vital connections. Joshica also enjoyed the sports day races and activities!

